

December 22, 2021

TO: Residents and Family Members

FROM: Loriman Looke, Executive Director and Administrator

RE: COVID-19 Update – Anderson Inn

Testing in response to recent COVID-19 positive individuals associated with Quarry Hill continues, with the latest round occurring this past Monday. Since the first case was detected at Quarry Hill earlier this month, a total of 16 cases have been diagnosed. Please remember that we are not at liberty to divulge specific information about those who have tested positive.

As we continue to test and share updates, please note that test results tend to trickle in as labs process the increased volume of test samples coming their way. I am pleased to report that all results from our most recent testing are negative.

Per state and federal regulations pertaining to positive COVID-19 test results, we will continue with increased testing of care team members and some residents until otherwise instructed by the Maine CDC.

Again, I would strongly encourage loved ones to delay visits until we can confirm that no further cases of COVID-19 have been detected at the Inn. And please, do not visit the Inn if you yourself are exhibiting any symptoms associated with COVID-19. If a visit does take place, mask and socially distance, regardless of vaccination status.

**Additional Reminders for Residents:**

1. Per the CDC, all group activities are suspended until further notice.
2. We ask that residents from other parts of the community not visit the Terraces or Courtyard at this time.
3. If you develop a new onset of any COVID-19 symptoms (fever of 100°F or higher, chills, sore throat, difficulty breathing or shortness of breath, cough, loss of taste or smell, runny nose or nasal congestion, vomiting, nausea, diarrhea, muscle aches, fatigue, or headache), please stay in your

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apartment or room. In non-emergency situations, cottage and apartment residents who experience any of these symptoms should call health services coordinator Nina Cunningham, RN, during business hours (301-6224) or their primary care doctor. Terraces residents should reach out to a Terraces nurse.

4. Inn residents, if you are awaiting COVID-19 test results, you must stay in your apartment or room until you receive confirmation of a negative test and you are symptom-free for at least twenty-four hours without the use of fever-reducing medication.
5. Anytime a member of Quarry Hill's maintenance or housekeeping teams is in your home providing a service, please either leave during that time or mask and distance yourself from the team member as much as possible.

I know that we'd all so hoped to be done with COVID by now. Having to suspend group activities and limit movement within the building is especially discouraging during the holiday season, when we long to gather with friends and family. But COVID has proven itself to be an even more formidable foe than anyone expected. As we head into Christmas and the new year, I hope we can all take a deep breath and count our blessings—especially the availability of safe and effective COVID vaccines and our ever-improving ability to swiftly detect and respond to positive cases when they occur.

You are welcome to reach out to me with specific questions or concerns by calling me on my direct line, 207-301-6275, or via email at [llooke@pbmc.org](mailto:llooke@pbmc.org).