

May 6, 2022

TO: Residents and Family Members

FROM: Loriman Looke, Executive Director and Administrator

RE: COVID-19 Update

Since my last communication, more individuals associated with Quarry Hill have tested positive for the COVID-19 virus. The notable uptick in positive cases that we are experiencing at Anderson Inn parallels the trend happening in Knox County, and in Maine.

In response, the Maine CDC has instructed us to resume twice-weekly universal testing of Quarry Hill care team members—employed and contracted—as well as the testing of some residents.

Family members, please do not come to the Inn if you are exhibiting any symptoms associated with COVID-19. And, when visiting, regardless of vaccination status, be sure to properly mask and remain socially distanced for the duration of the visit.

Residents, some friendly reminders:

- 1. If you develop a new onset of any COVID-19 symptoms (fever of 100°F or higher, chills, sore throat, difficulty breathing or shortness of breath, cough, loss of taste or smell, runny nose or nasal congestion, vomiting, nausea, diarrhea, muscle aches, fatigue, or headache), please stay in your apartment or room. In nonemergency situations, cottage and apartment residents who experience any of these symptoms should call health services coordinator Nina Cunningham, RN, during business hours or their primary care doctor. Terraces residents should reach out to a Terraces nurse.
- 2. Inn residents, if you are symptomatic and awaiting COVID-19 test results, you must stay in your apartment or room until you receive confirmation of a negative test and you are symptom-free for at least twenty-four hours without the use of fever-reducing medication.
- 3. Anytime a member of Quarry Hill's maintenance or housekeeping teams is in your home providing a service, please either leave during that time or mask and distance yourself from the team member as much as possible.

Please feel welcome to reach out to me with specific questions or concerns by calling me on my direct line, 207-301-6275, or via email at Loriman.Looke@mainehealth.org.