

February 3, 2022

TO: Residents and Family Members

FROM: Loriman Looke, Executive Director and Administrator

RE: COVID-19 Update

I am very pleased to report that there were **no positive COVID-19 results from the last round of testing** conducted here at Quarry Hill.

Based on guidance from the Maine CDC, we will discontinue the modified testing approach that we have been following and transition to contact tracing for those individuals associated with Quarry Hill who test positive. Any subsequent testing will be based on the results of those tracing efforts.

Unfortunately, all other recommendations are unchanged, as Quarry Hill technically remains in an outbreak status. I am hopeful that we will be able to reinstate group activities—with masking and social distancing—in the near future, but have not yet received clearance from the CDC to do so.

Family members, please do not come to the Inn if you are exhibiting any symptoms associated with COVID-19. And, when visiting, regardless of vaccination status, be sure to properly mask and remain socially distanced for the duration of the visit.

Residents, the following continues until otherwise communicated:

1. Group activities within the Anderson Inn remain suspended.
2. If you develop a new onset of any COVID-19 symptoms (fever of 100°F or higher, chills, sore throat, difficulty breathing or shortness of breath, cough, loss of taste or smell, runny nose or nasal congestion, vomiting, nausea, diarrhea, muscle aches, fatigue, or headache), please stay in your apartment or room. In nonemergency situations, cottage and apartment residents who experience any of these symptoms should call health services coordinator Nina Cunningham, RN, during business hours or their primary care doctor. Terraces residents should reach out to a Terraces nurse.
3. Inn residents, if you are symptomatic and awaiting COVID-19 test results, you must stay in your

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apartment or room until you receive confirmation of a negative test and you are symptom-free for at least twenty-four hours without the use of fever-reducing medication.

4. Anytime a member of Quarry Hill's maintenance or housekeeping teams is in your home providing a service, please either leave during that time or mask and distance yourself from the team member as much as possible.

Please feel welcome to reach out to me with specific questions or concerns by calling me on my direct line, 207-301-6275, or via email at llooke@pbmc.org.