

December 29, 2021

TO: Residents and Family Members

FROM: Loriman Looke, Executive Director and Administrator

RE: COVID-19 Positive Individuals

Ongoing testing in response to recent COVID-19 positive individuals associated with Quarry Hill has identified five additional positive cases.

Per state and federal regulations pertaining to positive COVID-19 test results, we will continue with testing of care team members and some residents until otherwise instructed by the Maine CDC.

While loved ones may still visit residents of the Anderson Inn, I would strongly encourage delaying visits until we can confirm that no further cases of COVID-19 have been detected at the Inn. And if you are a family member, please do not visit the Inn if you are exhibiting any symptoms associated with COVID-19. Even if all participants feel fine, and regardless of vaccination status, it's vital that everyone involved wear masks and remain socially distanced for the duration of the visit.

Residents, please also remember...

1. Group activities within the Anderson Inn remain suspended.
2. We respectfully ask that residents refrain from going between units.
3. If you develop a new onset of any COVID-19 symptoms (fever of 100°F or higher, chills, sore throat, difficulty breathing or shortness of breath, cough, loss of taste or smell, runny nose or nasal congestion, vomiting, nausea, diarrhea, muscle aches, fatigue, or headache), please stay in your apartment or room. In nonemergency situations, cottage and apartment residents who experience any of these symptoms should call health services coordinator Nina Cunningham, RN, during business hours or their primary care doctor. Terraces residents should reach out to a Terraces nurse.
4. Inn residents, if you are awaiting COVID-19 test results, you must stay in your apartment or

(more)

room until you receive confirmation of a negative test and you are symptom-free for at least twenty-four hours without the use of fever-reducing medication.

5. Anytime a member of Quarry Hill's maintenance or housekeeping teams is in your home providing a service, please either leave during that time or mask and distance yourself from the team member as much as possible.

Thank you for your continued support and patience as we navigate this situation together.

You are welcome to reach out to me with specific questions or concerns by calling me on my direct line, 207-301-6275, or via email at llooke@pbmc.org.