

December 16, 2021

TO: Residents and Family Members

FROM: Loriman Looke, Executive Director and Administrator

RE: COVID-19 Positive Individuals

Ongoing testing in response to recent COVID-19 positive individuals associated with Quarry Hill has identified additional positive cases.

Per state and federal regulations pertaining to positive COVID-19 test results, we will continue with increased testing of care team members and some residents until there have been no positive cases for at least fourteen consecutive days.

While loved ones may still visit residents of the Anderson Inn, I would strongly encourage delaying visits until we can confirm that no further cases of COVID-19 have been detected at the Inn. And please, do not visit the Inn if you yourself are exhibiting any symptoms associated with COVID-19. If a visit does take place, mask and socially distance, regardless of vaccination status.

**Residents:**

1. The CDC has instructed us to suspend group activities until further notice.
2. We ask that residents from other parts of the community not visit the Terraces or Courtyard at this time.
3. If you develop a new onset of any COVID-19 symptoms (fever of 100°F or higher, chills, sore throat, difficulty breathing or shortness of breath, cough, loss of taste or smell, runny nose or nasal congestion, vomiting, nausea, diarrhea, muscle aches, fatigue, or headache), please stay in your apartment or room. In non-emergency situations, cottage and apartment residents who experience any of these symptoms should call health services coordinator Nina Cunningham, RN, during business hours or their primary care doctor. Terraces residents should reach out to a Terraces nurse.
4. Inn residents, if you are awaiting COVID-19 test results, you must stay in your apartment or

(more)

room until you receive confirmation of a negative test and you are symptom-free for at least twenty-four hours without the use of fever-reducing medication.

5. Anytime a member of Quarry Hill's maintenance or housekeeping teams is in your home providing a service, please either leave during that time or mask and distance yourself from the team member as much as possible.

I recognize that the recent positive cases at the Inn are discouraging, especially during the holiday season, when we long to gather with our friends and family unrestricted. I am, however, eternally grateful for our ability to detect and respond to positive cases swiftly and for the COVID-19 vaccine, which has, without a doubt, reduced the number of infections and their severity.

You are welcome to reach out to me with specific questions or concerns by calling me on my direct line, 207-301-6275, or via email at [llooke@pbmc.org](mailto:llooke@pbmc.org).