

January 28, 2022

TO: Residents and Family Members

FROM: Loriman Looke, Executive Director and Administrator

RE: COVID-19 Positive Individuals

Three individuals associated with Quarry Hill have tested positive since we last communicated.

Based on guidance from the Maine CDC we will continue with a modified testing approach. Universal testing will be taking place in some areas, while focusing on contact tracing in others. This approach is based on our recent test results.

Other recommendations remain unchanged. I strongly encourage delaying visits to the Anderson Inn until we can confirm that no further cases of COVID-19 have been detected. And, family members, please do not come to the Inn if you are exhibiting any symptoms associated with COVID-19. For visits that do occur, regardless of vaccination status, it's vital that everyone involved wear masks and remain socially distanced for the duration of the visit.

Residents, the following continues:

1. Group activities within the Anderson Inn remain suspended.
2. We respectfully ask that residents refrain from going between units.
3. If you develop a new onset of any COVID-19 symptoms (fever of 100°F or higher, chills, sore throat, difficulty breathing or shortness of breath, cough, loss of taste or smell, runny nose or nasal congestion, vomiting, nausea, diarrhea, muscle aches, fatigue, or headache), please stay in your apartment or room. In nonemergency situations, cottage and apartment residents who experience any of these symptoms should call health services coordinator Nina Cunningham, RN, during business hours or their primary care doctor. Terraces residents should reach out to a Terraces nurse.
4. Inn residents, if you are symptomatic and awaiting COVID-19 test results (outside of Quarry Hill's surveillance testing), you must stay in your apartment or room until you receive confirmation of a

(more)

negative test and you are symptom-free for at least twenty-four hours without the use of fever-reducing medication.

5. Anytime a member of Quarry Hill's maintenance or housekeeping teams is in your home providing a service, please either leave during that time or mask and distance yourself from the team member as much as possible.

Please feel welcome to reach out to me with specific questions or concerns by calling me on my direct line, 207-301-6275, or via email at llooke@pbmc.org.