



October 26, 2022

TO: Residents and Family Members

FROM: Loriman Looke, Executive Director and Administrator

Recently, the COVID-19 regulations and guidance from the Centers for Disease Control (CDC), the Centers for Medicare and Medicaid Services (CMS) and the Maine Department of Health & Human Services (DHHS) was updated, resulting in two significant changes that I'd like to share with you today.

First, CMS is no longer requiring the routine testing of asymptomatic care team members, employed or contracted, who are not up-to-date on their COVID-19 vaccines (per the CDC's definition of what it means to be up-to-date). At this time, testing will occur when a person is symptomatic for COVID-19.

Second, older adult communities such as Quarry Hill are no longer required to actively screen residents, their guests or vendors for COVID-19 when entering the building. **Therefore, effective immediately, Inn residents and their guests may come and go from either the Main Entrance or the Apartments / Marketing Entrance to Anderson Inn.** It's important to note that Quarry Hill care team members will continue to screen prior to beginning each work shift.

Going forward, both entrances to the Inn will have a COVID-19 supplies station, stocked with hand sanitizer and masks. Upon entering the Inn, please sanitize hands. Visitors and care team members should put on a fresh mask each time they visit or start a new work shift. Visitors must mask when in common areas, including the Inn's hallways and lobbies. Residents are highly encouraged to mask when in common areas of the Inn, and we suggest that residents and their guests mask when together.

Doors to the Anderson Inn's Main Entrance and Apartments / Marketing Entrance will be locked from 8:00 p.m. until 6:00 a.m. daily. All other exterior doors remain locked at all times and should be used for egress only.

When entering the building after 8:00 p.m. by way of the Main Entrance, please use the wall phone located in the vestibule, which will automatically dial someone who can come to assist.

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Residents who enter via the Apartments / Marketing entrance after 8:00 p.m. should use the keypad to enter the access code (noted in the Resident Handbook). Visitors who use this entrance after hours should use the keypad to call the resident they've come to see by dialing the last four digits of the resident's Quarry Hill phone number (for security, there is no directory posted in the vestibule.) For residents who don't have a Quarry Hill-issued phone number, guests may consider using a cell phone to call the resident to let him / her know they're here. The resident can then come to the lobby to let the visitor into the building or provide the access code to the visitor to gain entry.

While I expect that this change in screening requirements will be welcome news for many, we must be mindful that this remains an active pandemic, with transmission levels for Knox County consistently high. We need to stay vigilant, especially as we approach cold and flu season, and self-screen for symptoms that could be COVID-19. Residents should remain in their apartments and family members are asked to visit another time if unwell. Even in "normal," non-COVID times, the thoughtfulness you show by not being in the common areas of Anderson Inn when you have symptoms of any sort is critical to our efforts to protect the health of all.

You are welcome to reach out to me with specific questions or concerns by calling me on my direct line, 207-301-6275, or via email at [Loriman.Looke@mainehealth.org](mailto:Loriman.Looke@mainehealth.org).