



## **COVID-19 Indoor-Visit Visitor Information**

### **VISIT LOCATIONS**

#### **Courtyard**

All visits take place in the Living Room in the Courtyard.

#### **Gardens**

All visits take place in the Activities Room in the Gardens.

#### **Independent Living Apartments and Terraces**

All visits take place in the first-floor Dining Room Sunroom on the back side of the Anderson Inn.

### **VISITATION RULES AND EXPECTATIONS**

- Per the state's *Moving Maine Forward* plan, effective May 1, 2021, all travelers coming to Maine are exempt from travel restrictions and are no longer required to test for COVID-19 or to quarantine.
- Only two visitors may visit at a time.
- Children may visit, but they must be supervised at all times, maintain social distancing, and wear masks if they are ages 2 to 11. If aged 12 or older and fully vaccinated, then they should mask in accordance with Quarry Hill's current masking requirements.
- Pets may not participate in indoor visits. Should a dog come along for an outdoor visit, leashes may not be more than six feet long, and retractable leashes locked at no more than six feet. Owners are required to hold onto their pets' leashes and maintain physical control of their animals at all times and never allow their pets to interfere with the safety and comfort of other members of the Quarry Hill community. Owners are responsible for disposing of pet waste in appropriate containers located in the immediate vicinity of the Anderson Inn and throughout the Quarry Hill campus.
- Regulations require active screening of all visitors. When you arrive, please step inside the lobby at the

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Main Entrance for screening. Promptly remove your mask, sanitize your hands—you will be asked to perform hand hygiene before and after your visit—and put on a fresh mask supplied by Quarry Hill. Note that all participants—residents and guests—will be provided masks from Quarry Hill. Our care team member will ask you a few questions and take your temperature. If your temperature is 100°F (37.7°C) or above or you have other symptoms associated with COVID-19, we will ask you to visit on another day.

- Once successfully screened, you will be given an “I’ve Been Screened” card and ask that you keep it for the duration of your visit and show it to the Quarry Hill care team member who greets you at the visit location. The designated visit locations are:

**Gardens:** Visitors will be escorted to the Activities Room by a care team member.

**Courtyard:** Visitors will return outside and follow signage to the Courtyard gate, located left of the Main Entrance behind the Anderson Inn.

**Independent Living Apartments and Terraces:** Visitors will return outside and follow signage to the first-floor Dining Room Sunroom, located to the right of the Main Entrance on the back side of the Anderson Inn.

- A Quarry Hill care team member may be present during your visit. Be assured that the care team member will provide you and your loved one with as much privacy as possible.
- Visits are limited to 30 minutes. (You are welcome to try Zoom or FaceTime visits if you would like to have longer or more frequent visits with your loved one. Quarry Hill’s Activities staff, at 207-301-6250, can help facilitate visits of this sort.)
- If the resident and all visitors in your party have been fully vaccinated, then masking and physically distancing are recommended, but not required, so long as you meet in a private setting away from others, such as one of Quarry Hill’s designated visitor areas. If some participants have been fully vaccinated, while others have not, or if any participant’s vaccination status is unknown, all should mask and physically distance to minimize the likelihood of exposure to the virus. Visitors must mask and physically distance from care team members and other residents and visitors who are not part of their group. This criteria applies to both indoor and outdoor visits. Additionally, masks must be worn by all,

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regardless of vaccination status, while in the hallways and common areas of Anderson Inn and when approaching or leaving the Anderson Inn (under the entry canopy), as the likelihood of coming within six feet of another person increases.

- If you have gifts or other items you would like to give to your loved one during the visit, you may take the items to the visit location and give them to him/her directly. If the items are oversized or may not be easily transported by your loved one, please bring the items with you to the lobby at the Main Entrance when you enter for screening. A care team member will ensure that your loved one receives them.
- Eating and drinking during a visit is not recommended, but permissible if the resident and all visitors in your party have been fully vaccinated and you meet in a private setting away from others, such as one of Quarry Hill's designated visitor areas.
- Residents who are suspected or confirmed to be infected with COVID-19 cannot be visited.
- Safety is our top priority. All visit participants must adhere to the aforementioned measures for the duration of the visit. If someone is unwilling or unable to comply after receiving reminders, the visit will be cut short and future visits may be denied.

## **WHAT IF I EXPERIENCE COVID-19 SYMPTOMS AFTER A VISIT?**

If you develop signs and symptoms of COVID-19 within two weeks after your visit, please do the following:

**Gardens Residents Visitors:** Call the Gardens at Quarry Hill at 207-301-6280 and ask to speak with the charge nurse.

**Courtyard, Terraces, or Independent Living Apartment Residents Visitors:** Call the Terraces at Quarry Hill at 207-301-6282 and ask to speak with the charge nurse.

When you call, we will need to know the date of your visit and the name of the person(s) you visited so that we may closely monitor those resident(s). Please be advised that Quarry Hill's nursing team will not provide medical triage for the caller.