

# **COVID-19 Indoor-Visit Visitor Information**

#### VISIT LOCATIONS

### Courtyard

All visits take place in the Living Room in the Courtyard.

#### Gardens

All visits take place in the Activities Room in the Gardens.

## **Independent Living Apartments and Terraces**

All visits take place in the first-floor Dining Room Sunroom on the back side of the Anderson Inn.

#### VISITATION RULES AND EXPECTATIONS

- Only two visitors may visit at a time, and they must remain six feet away from others. However, if the resident being visited has been fully vaccinated against COVID-19, he or she may have contact with visitors, should he or she choose to.
- Children may visit, but they must be supervised at all times, maintain social distancing and wear masks if they are age 2 or older.
- Pets may not visit.
- Per the state's *Moving Maine Forward* plan, effective May 1, 2021, all travelers coming to Maine are exempt from travel restrictions and are no longer required to test for COVID-19 or to quarantine.
- All participants—residents and guests—will be provided masks from Quarry Hill and must wear them throughout the visit. Please note that masks should be worn while on campus, therefore we ask guests to bring a mask to wear during the walk from their vehicle to the Main Entrance of Anderson Inn.

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- Regulations require active screening of all visitors. When you arrive, please enter the Anderson Inn through the Main Entrance. Once there, you will be asked a series of screening questions, and your temperature will be taken. If you have a temperature of 100°F (37.7°C) or above or other symptoms associated with COVID-19, we will ask that you not visit on that day.
- Once successfully screened, you will be given an "I've Been Screened" sticker to wear during your visit.
   You may then proceed to the designated visit location.

Gardens: Visitors will be escorted to the Activities Room by a care team member.

**Courtyard:** Visitors will return outside and follow signage to the Courtyard gate, located left of the Main Entrance behind the Anderson Inn.

**Independent Living Apartments and Terraces:** Visitors will return outside and follow signage to the first-floor Dining Room Sunroom, located to the right of the Main Entrance on the back side of the Anderson Inn.

- A Quarry Hill care team member may be present during your visit. Be assured that the care team
  member will provide you and your loved one with as much privacy as possible.
- Visits are limited to 30 minutes. (You are welcome to try Zoom or FaceTime visits if you would like to have longer or more frequent visits with your loved one. Quarry Hill's Activities staff, at 207-301-6250, can help facilitate visits of this sort.)
- You will be asked to perform hand hygiene before and after your visit.
- If you have gifts or other items you would like to give to your loved one during the visit, please bring the items with you to the lobby at the Main Entrance when you enter for screening. A care team member will ensure that your loved one receives them.
- Eating and drinking are not allowed during visits, because this would require removal of masks.
- Residents who are suspected or confirmed to be infected with COVID-19 cannot be visited.
- Safety is our top priority. All visit participants must adhere to the aforementioned measures for the
  duration of the visit. If someone is unwilling or unable to comply after receiving reminders, the visit will
  be cut short and future visits may be denied.

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## WHAT IF I EXPERIENCE COVID-19 SYMPTOMS AFTER A VISIT?

If you develop signs and symptoms of COVID-19 within two weeks after your visit, please do the following:

**Gardens Residents Visitors:** Call the Gardens at Quarry Hill at 207-301-6280 and ask to speak with the charge nurse.

Courtyard, Terraces, or Independent Living Apartment Residents Visitors: Call the Terraces at Quarry Hill at 207-301-6282 and ask to speak with the charge nurse.

When you call, we will need to know the date of your visit and the name of the person(s) you visited so that we may closely monitor those resident(s). Please be advised that Quarry Hill's nursing team will not provide medical triage for the caller.