

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

		1 9:30 am Departure: Shopping Van 11 am: Activities Committee Meeting, Game Room 12:30 pm Departure: Encore Opera at the Strand* Note: No Blood Pressure Clinic Today	2 10 am: Fitness Class, Media Room 2 pm: Library Committee Meeting, Anderson Inn Library 3 pm: Wii Bowling, Media Room 4:30 pm: Piano by George, Media/Living Room 6 pm Departure: CHRHS Musical, <i>Mamma Mia!</i> *	3 9:30 am: Chair Yoga, Media Room 2 pm: Knitting & Handcrafts, Living Room	4 10 am: Fitness Class, Media Room 7 pm: Movie Night, Media Room	5
6 1:30 pm: Nondenominational Service by Warren Baptist Church, 2nd Floor, Terraces Daylight Saving Time Ends	7 10 am: Fitness Class, Media Room 3 pm: Book Club, Anderson Inn Library	8 9:30 am Departure: Shopping Van 10 am: Grounds Committee Meeting, via Zoom 1-2 pm: Blood Pressure Clinic, Nina's Office, 3rd Floor, Anderson Inn	9 10 am: Fitness Class, Media Room 3 pm: Wii Bowling, Media Room 4:30 pm: Piano by George, Media/Living Room	10 9:30 am: Chair Yoga, Media Room 11 am: Quarry Hill Apartment Residents Council Meeting, Media Room 2 pm: Knitting & Handcrafts, Living Room	11 10 am: Veterans Day Observance, Media Room (see 10/28 Newsletter for details) 7 pm: Movie Night, Media Room Veterans Day Remembrance Day (Canada)	12
13 1:30 pm: Nondenominational Service by Congregational Church, 2nd Floor, Terraces	14 10 am: Fitness Class, Media Room 2 pm: Presentation on Canadian Ski Trek by Anders Morley, Media Room	15 9:30 am Departure: Shopping Van 10 am-3 pm: AARP Driver Safety Class, Media Room* 12:30 pm Departure: Encore Opera at the Strand* 1-2 pm: Blood Pressure Clinic, Nina's Office, 3rd Floor, Anderson Inn	16 10 am: Fitness Class, Media Room 3 pm: Wii Bowling, Media Room 4:30 pm: Piano by George, Media/Living Room	17 9:30 am: Chair Yoga, Media Room 11:30 am Departure: Lunch at Waterfront Restaurant* 2 pm: Knitting & Handcrafts, Living Room 4-5:15 pm: Wine and Cheese Social, Media/Living Room	18 10 am: Fitness Class, Media Room 7 pm: Movie Night, Media Room	19
20 1:30 pm: Nondenominational Service by Chestnut Street Baptist Church, 2nd Floor, Terraces	21 10 am: Fitness Class, Media Room	22 9 am: Cottage Association Board Meeting, Location TBD 9:30 am Departure: Shopping Van 1-2 pm: Blood Pressure Clinic, Nina's Office, 3rd Floor, Anderson Inn	23 10 am: Fitness Class, Media Room 3 pm: Wii Bowling, Media Room 4:30 pm: Piano by George, Media/Living Room	24 <i>Happy Thanksgiving!</i> Note: No Chair Yoga and No Knitting & Handcrafts Today Thanksgiving Day (US)	25 10 am: Fitness Class, Media Room 7 pm: Movie Night, Media Room	26
27	28 10 am: Fitness Class, Media Room 10 am: Old-Time Music Performed by Jim Gibson, 2nd Floor, Terraces	29 9:30 am Departure: Shopping Van Note: No Blood Pressure Clinic Today (will be held Nov. 30 instead)	30 10 am: Fitness Class, Media Room 1-2 pm: Blood Pressure Clinic, Nina's Office, 3rd Floor, Anderson Inn 3 pm: Wii Bowling, Media Room 4:30 pm: Piano by George, Media/Living Room	<h1>November 2022</h1>		