

November 2019

Cottages & Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Signup required **Transportation provided, weather and ridership permitting					1 9:30 am Fitness Class (MR) 11 am New Pathways for Parkinson's (MR) 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	2
3 Daylight Saving Time Ends 1:30 pm Nondenominational Service Hosted by Congregational Church (2 nd Floor, Terraces)	4 9:30 am Fitness Class (MR) 11 am Walking Group (Lobby) 3 pm Book Club (Library, 3 rd Floor, Anderson Inn) 3 pm Activities Committee (GR)	5 Election Day 10 am Camden Shopping** 12 noon-2 pm Parkinson's Support Group (MR, GR) 12:15 pm Departure Opera at the Strand, <i>Manon</i> (Strand Theatre, Rockland)* ** 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR) 6-7 pm Alzheimer's Support Group (MR)	6 9:30 am Rockland Shopping** 9:30 am Fitness Class (MR) 1 pm Wii Golf (MR) 4:30 pm Piano with Mary (MR)	7 9:30 am Zumba (2 nd Floor, Terraces) 10:30 am "Surrogate Decision Making" (M/LR)* 1 pm Men's Discussion Group (GR) 1:30 pm Knit/Handcrafts (LR) 1:30-2:30 pm Walk-in Clinic for Patients of Sauvage/Tailby Practice 6:15 pm Departure <i>Mary Poppins</i> (Camden Hills HS) * **	8 9:30 am Fitness Class (MR) 11 am New Pathways for Parkinson's (MR) 2 pm "Bee Wise: All About Honeybees and Why They Matter" (MR) 7 pm Movie Night (MR)	9 4-5 pm Birthday Social (M/LR)
10 1:30 pm Nondenominational Service Hosted by Catholic Church (2 nd Floor, Terraces)	11 Veterans Day 7:30 am Departure Veterans Breakfast (Camden Hills HS)* ** 1:30 pm Departure Veterans Day Ceremony (American Legion Post #30, Camden)* ** 6:30 pm <i>They Shall Not Grow Old</i> (Camden Opera House)* **	12 10 am Camden Shopping** 1-2 pm One Less Worry Packing Party (MR) 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	13 9:30 am Fitness Class (MR) 11 am-12 noon "The Conversation" (M/LR)* 1 pm Wii Golf (MR) 4:30 pm Piano with Mary (MR)	14 9:30 am Zumba (2 nd Floor, Terraces) 11:15 am-12 noon Spiritual Discussion Group Organizational Meeting (MR)* 1 pm Men's Discussion Group (GR) 1:30 pm Knit/Handcrafts (LR) 1:30-2:30 pm Walk-in Clinic for Patients of Sauvage/Tailby Practice 6:30 pm Scrabble/Cribbage (GR)	15 9:30 am Fitness Class (MR) 11 am New Pathways for Parkinson's (MR) 11 am Departure Lunch at Long Grain* ** 3 pm Poetry, Tea & Thee (LR) 7 pm Movie Night (MR)	16 6:30 pm Departure Three Penny Opera (Rockport Opera House)* **
17 1:30 pm Nondenominational Service and Communion Hosted by Episcopal Church (2 nd Floor, Terraces)	18 9:30 am Fitness Class (MR) 11 am Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	19 10 am Camden Shopping** 10:30 am Catholic Mass (2 nd Floor, Terraces) 12:15 pm Departure Opera at the Strand, <i>Madama Butterfly</i> (Strand Theatre, Rockland)* ** 2-3 pm Blood Pressure Clinic 4:30 pm Piano with Mary (MR)	20 9:30 am Rockland Shopping** 9:30 am Fitness Class (MR) 10:30 am Maine Alpaca Experience (MR) 1 pm Wii Golf (MR) 4:30 pm Piano with Mary (MR)	21 9:30 am Zumba (2 nd Floor, Terraces) 1 pm Men's Discussion Group (GR) 1:30 pm Knit/Handcrafts (LR) 1:30-2:30 pm Walk-in Clinic for Patients of Sauvage/Tailby Practice 6:30 pm Scrabble/Cribbage (GR)	22 9:30 am Fitness Class (MR) 11 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	23
24 1:30 pm Nondenominational Lay Service Led by Mrs. Gabriele (2 nd Floor, Terraces)	25 9:30 am Fitness Class (MR) 11 am Walking Group (Lobby) 4:30 pm Piano with Mary (MR)	26 9 am Cottage Association Board Meeting (DR) 10 am Camden Shopping** 2-3 pm Blood Pressure Clinic 4 pm Piano with Masanobu (MR)	27 9:30 am Fitness Class (MR) 1 pm Wii Golf (MR) 4:30 pm Piano with Mary (MR)	28 Thanksgiving 12 noon-2 pm Thanksgiving Buffet (DR)*	29 9:30 am Fitness Class (MR) 11 am New Pathways for Parkinson's (MR) 7 pm Movie Night (MR)	30 4-5 pm Wine & Cheese Social (M/LR)