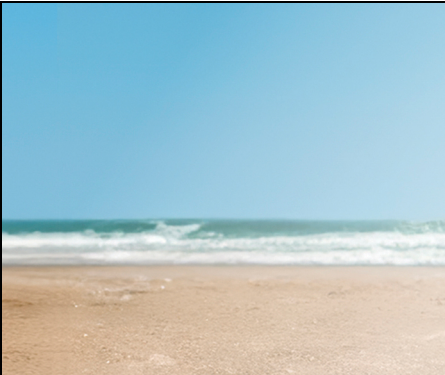



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10 am: Fitness Class (MR) 11 am: Forest Bathing (Lobby) 3 pm: Creative Stitchery (3T) 4 pm: Bereavement Support Group (GR)	2 9:30 am Departure: Shopping (Camden) 10 am: Activities Committee Mtg. (GR) 1 to 2 pm: Blood Pressure Clinic (HSC) 2 pm: Travelogue Video Presentation, "Destination: South Pacific Island Time (2T) 6 pm: Alzheimer's Support Group (Zoom)	3 10 am: Fitness Class (MR) 10 am: Our Lady of Good Hope Catholic Church Service (2T) 3 pm: Wii Bowling (MR) 4:30 pm: Piano by George (MR)	4 9:30 am: Balance Exercise Class (FR) 10:30 am: Men's Group (GR) 2:30 pm: Seated Yoga (2T)	5 9:30am Departure: Shopping (Walmart, Thomaston)* ** 10 am: Fitness Class (MR) 1 pm Departure: Rockport Library/Shopping Shuttle* ** 1 pm: Chinese Mahjong (GR) 2 pm: Resident Choir Practice (2T) 4 pm Departure: First Friday at the Farnsworth Museum* **	6 1:30 pm: Resident Newsletter Reading (GR) 7 pm: Movie Night (M/LR)
7	8 8 to 12 pm: Maple Grove Massage Sessions (FR)* 10 am: Fitness Class (MR) 11 am: Forest Bathing (Lobby) 12 noon: Parkinson's Support Group (M/LR) 1:30 pm: Presentation: Drawings of Daumier in Revolutionary France (2T) 2:30 pm: Creative Stitchery (3T)	9 9:15 am Grounds Comm. (PDR) 9:30 am Departure: Shopping (Camden) 1 to 2 pm: Blood Pressure Clinic (HSC) 3 pm: Awareness Series, "A Voyage Through Camden History" (M/LR)*	10 10 am: Fitness Class (MR) 11 am: Sharing & Caring Open Discussion Group (2T LR) 1:30 pm: Live Music w/ Gary (M/LR) 3 pm: Wii Bowling (MR) 4:30 pm: Piano by George (MR)	11 9:30 am: Balance Exercise Class (FR) 10:30 am: Men's Group (GR) 2:30 pm: Seated Yoga (2T) 3 pm: Resident Council Executive Committee Meeting (GR)	12 10 am: Fitness Class (MR) 11:30 am Departure: Jazz on the Town Village Green, Camden* ** 1 pm: Chinese Mahjong (GR) 2 pm: Resident Choir Practice (2T) 4 to 5:15 pm: Birthday Social (M/LR)	13 7 pm: Movie Night (M/LR)
14 Flag Day (U.S.)	15 10 am: Fitness Class (MR) 11 am: Forest Bathing (Lobby) 2 pm: Low Vision Group (PDR) 2:30 pm: Creative Stitchery (3T)	16 9:30 am Departure: Shopping (Camden) 1 to 2 pm: Blood Pressure Clinic (HSC) 3 pm: Alzheimer's Support Group (PDR)	17 10 am: Fitness Class (MR) 10 am: Our Lady of Good Hope Catholic Church Service (2T) 3 pm: Wii Bowling (MR) 4:30 pm: Piano by George (MR)	18 9:30 am: Balance Exercise Class (FR) 10:30 am: Men's Group (GR) 2:30 pm: Seated Yoga (2T) 3 pm: Quarterly Apartment Residents Meeting w/ Loriman (M/LR) 3:30 pm: Caregiver Support Group (GR)	19 1 pm: Chinese Mahjong (GR) 2 pm: Resident Choir Practice (2T)	20 1:30 pm: Resident Newsletter Reading (GR) 7 pm: Movie Night (M/LR)
21 Summer Begins Father's Day	22 9:30 am: Veterans Coffee Social w/ American Legion War Memorial Post 30 (3T) 10 am: Fitness Class (MR) 11 am: Forest Bathing (Lobby) 1 pm Departure: Mt. Battie Nature Watch, Camden (Weather Permitting)* ** 2:30 pm: Creative Stitchery (3T) 3 pm: What's Next (M/LR)	23 9:30 am Departure: Shopping (Camden) 1 to 2 pm: Blood Pressure Clinic (HSC) 1:30 pm Departure: Pontoon Boat Ride, Megunticook Lake* **	24 10 am: Fitness Class (MR) 11 am: Sharing & Caring Open Discussion Group (2T LR) 3 pm: Wii Bowling (MR) 4:30 pm: Piano by George (MR)	25 9:30 am: Balance Exercise Class (FR) 10:30 am: Men's Group (GR) 2:30 pm: Seated Yoga (2T) 3 pm: Enrichment Series, "What Makes Art, ART?" (M/LR)* 5 pm Departure: Play: Annie, Watts Hall, Thomaston* **	26 10 am: Fitness Class (MR) 1 pm: Chinese Mahjong (GR) 4 to 5:15 pm: Wine & Cheese Social (M/LR)	27 7 pm: Movie Night (M/LR)
28 1:30 pm: Chestnut Street Baptist Church Service (2T)	29 10 am: Fitness Class (MR) 11 am: Forest Bathing (Lobby) 2 pm: Your Voice Matters, Self Advocacy in Healthcare w/ Cyndy Dalton, BSN RN CHPN (M/LR)	30 9:30 am Departure: Shopping (Camden) 10 am: Hank Lunn Presents, "Camden and Rockport in the American Revolution" (M/LR) 1 to 2 pm: Blood Pressure Clinic (HSC) 2 pm: Resident Choir Practice (Front Lawn)	 <h1 style="font-size: 4em; margin: 0;">June 2026</h1> <h2 style="font-size: 2em; margin: 0;">Cottages and Apartments</h2>			

Activities Details Subject to Change

* Signup Required **Transportation Provided, Weather and Ridership Permitting