

July 2022

Canada Day						
3 Note: No Fitness Class Note: Book Club on <u>2nd Monday</u>, This Month Only	4 9:30, 10:15, 11 am Departures: Shopping Van 11 am: Activities Committee, Game Room 1-2 pm: Blood Pressure Clinic, Nina's Office, 3rd Floor, Anderson Inn	5 10 am: Fitness Class, Media Room 2 pm: Library Committee, Anderson Inn Library, 3rd Floor 2:30 pm: Wii Bowling, Media Room 4:30 pm: Piano with Mary, Media Room	6 9:30 am: Chair Yoga, Media Room Note: No Knitting & Handcrafts Group Today 2 pm: Art History Presentation by Jennifer Healy, "Van Gogh's Church of Auvers," Media Room	7 10 am: Fitness Class, Media Room 7 pm: Movie Night, Media Room	8	9
10 1:30 pm: Nondenominational Service Conducted by Congregational Church, Multipurpose Room, 2nd Floor, Terraces	11 10 am: Fitness Class, Media Room 1:30-3:30 pm: Matter of Balance, Media Room* 3 pm: Book Club, Anderson Inn Library, 3rd Floor	12 9:30, 10:15, 11 am Departures: Shopping Van 1-2 pm: Blood Pressure Clinic, Nina's Office, 3rd Floor, Anderson Inn 2:30 pm: Piano Concert with Masanobu, Media Room	13 10 am: Fitness Class, Media Room 2:30 pm: Wii Bowling, Media Room 4:30 pm: Piano with Mary, Media Room	14 9:30 am: Chair Yoga, Media Room 2 pm: Knitting & Handcrafts Group, Living Room 4-5 pm: Wine & Cheese Social at Bryant Pond** (rain date: Friday, July 15)	15 10 am: Fitness Class, Media Room 7 pm: Movie Night, Media Room	16
17 10 am: Fitness Class, Media Room 1:30-3:30 pm: Matter of Balance, Media Room*	18 9:30, 10:15, 11 am Departures: Shopping Van 1-2 pm: Blood Pressure Clinic, Nina's Office, 3rd Floor, Anderson Inn 2:30 pm: Classical Guitar Mini-Concert by Scot Pierce, Media Room	19 10 am: Fitness Class, Media Room 2:30 pm: Wii Bowling, Media Room 4:30 pm: Piano with Mary, Media Room	20 9:30 am: Chair Yoga, Media Room 2 pm: Knitting & Handcrafts Group, Living Room	21 10 am: Fitness Class, Media Room 7 pm: Movie Night, Media Room	22	23
24 10 am: Fitness Class, Media Room 1:30-3:30 pm: Matter of Balance, Media Room*	25 9 am: Cottage Association Board Meeting, via Zoom 9:30, 10:15, 11 am Departures: Shopping Van Note: No Blood Pressure Clinic	26 10 am: Fitness Class, Media Room 2:30 pm: Wii Bowling, Media Room 4:30 pm: Piano with Mary, Media Room	27 9:30 am: Chair Yoga, Media Room 2 pm: Knitting & Handcrafts Group, Living Room	28 10 am: Fitness Class, Media Room 7 pm: Movie Night, Media Room	29	30
31						