

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10 am: Fitness Class (MR) 2 pm: Book Club (L) 4 pm: Bereavement Support Group (GR)	2 9:30 am Departure: Shopping (Camden) 1 to 2 pm: Blood Pressure Clinic (HSC)	3 10 am: Fitness Class (MR) 10 am: Our Lady of Good Hope Catholic Church Service (2T) 3 pm: Wii Bowling (MR) 4:30 pm: Piano by George (MR)	4 9:30 am: Balance Exercise Class (MR) 10:30 am: Men's Group (GR) 2 pm: Chat & Stitch (L)	5 9:30 am Departure: Shopping (Walmart, Thomaston) * ** 10 am: Fitness Class (MR) 1 pm: Chinese Mahjong (GR) 1 pm Departure: Camden Library/Shopping Shuttle* ** 2 pm: Resident Choir Practice (2T) 5:15 pm Departure: Christmas by the Sea Parade, Camden* **	6 1:30 pm: Resident Newsletter Reading (GR) 7 pm: Movie Night (M/LR)
	7	8 10 am: Fitness Class (MR) 12 noon: Parkinson's Support Group (M/LR) 4:30 pm: Holiday Grief Support Group (GR)	9 The Twelve Elves of Christmas Treasure Hunt Begins 9:30 am Departure: Shopping (Camden) 1 pm: Enrichment Series, "The Tastes of a Maine Christmas" (M/LR)* 1 to 2 pm: Blood Pressure Clinic (HSC)	10 10 am: Fitness Class (MR) 11 am: Sharing & Caring Open Discussion Group (2T LR) 3 pm: Wii Bowling (MR) 4:30 pm: Piano by George (MR)	11 9:30 am: Balance Exercise Class (MR) 10:30 am: Men's Group (GR) 2 pm: Chat & Stitch (L) 2 pm: Resident Choir Practice (M/LR)	12 10 am: Fitness Class (MR) 1 pm: Chinese Mahjong (GR) 2 pm: Holiday Concert, Presented by QH Residents (M/LR) 4 to 5:15 pm: Birthday Social (M/LR)
	14 Happy Hanukkah  Hanukkah Begins	15 10 am: Fitness Class (MR) 4:30 pm: Holiday Grief Support Group (GR)	16 9:30 am Departure: Shopping (Camden) 1 to 2 pm: Blood Pressure Clinic (HSC)	17 10 am: Fitness Class (MR) 10 am: Our Lady of Good Hope Catholic Church Service & Mass for the Repose of the Soul of Claire McLean (2T) 3 pm: Wii Bowling	18 9:30 am: Balance Exercise Class (MR) 10:30 am: Men's Group (GR) 1 pm: CMCA Art Studio (GDR) 2 pm: Chat & Stitch (L) 3 pm: Quarterly Apt. Residents Meeting w/ Loriman (M/LR) 3:30 pm: Caregiver Support Group (GR)	19 10 am: Fitness Class (MR) 1 pm: Chinese Mahjong (GR) 1 pm Departure: Camden Library/Shopping Shuttle* ** 5 pm: The Twelve Elves of Christmas Treasure Hunt Ends
21  Winter Begins	22 9:30 am: Veterans Coffee Social w/ American Legion War Memorial Post 30 (3T DR) 10 am: Fitness Class (MR) 3:30 pm: Holiday Party (M/LR) 4:30 pm: Holiday Grief Support Group (GR)	23 9:30 am Departure: Shopping (Camden) 1 to 2 pm: Blood Pressure Clinic (HSC) 3 pm: Christmas Carolers Meet in Main Lobby 3:15 pm: Christmas Caroling Inside the Inn (M/LR)	24 10 am: Fitness Class (MR) 11 am: Sharing & Caring Open Discussion Group (2T LR) 3 pm: Wii Bowling (MR)	25 Merry Christmas  Christmas	26 1 pm: Chinese Mahjong (GR)  Kwanzaa Begins	27
	28 1:30 pm: Chestnut Street Baptist Church Service, 2T	29 10 am: Fitness Class (MR) 2 pm: Story Behind the Song: History Lecture on the Ballads from Ireland & Britain (M/LR)*	30 9:30 am Departure: Shopping (Camden) 1 to 2 pm: Blood Pressure Clinic (HSC)	31 10 am: Fitness Class (MR) 10 am: Our Lady of Good Hope Catholic Church Service (2T) 3 pm: Wii Bowling 4:30 pm: Piano by George (MR) 5:30 to 8 pm: New Year's Eve Party (M/LR) *  New Year's Eve	 <div>December</div> <div>2025</div> <div>Cottages and Apartments</div>	