

Sunday

Monday

Tuesday

Wednesday



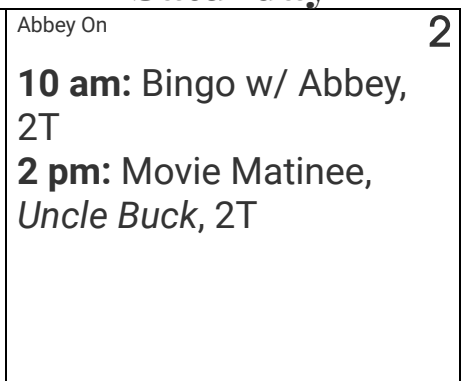
Thursday

Friday

Saturday

SEPTEMBER 2023

Terraces

							
<p>Abbey On 3</p> <p>10 am: Trivia Group, 2T 11 am: Group Nature Walk to the Gazebo w/ Abbey, meet outside 2 pm: Documentary, <i>The Elephant Whisperers</i>, 2T</p>	<p>Lynne, Sunny, & Abbey Off - Cathy On 4</p> <p>10 am: Bingo w/ Cathy, 2T 2 pm: Documentary, <i>The History of Labor Day</i>, 2T</p> <p style="text-align: center;">Labor Day</p>	<p>Sunny Off 5</p> <p>9:30 am: Lynne Shops for Residents in Camden 10 am: Reading Group w/ Dunbar, 2T Living Room 2:30 pm: Cheese Pizza Day w/ Beer & Beverages, 3T Dining Room</p>	<p>Sunny Off 6</p> <p>10 am: Bingo w/ Lynne, 2T 11 am Departure: Rockport Library, Sign Up 2 pm: Trivia, 2T</p>	<p>Sunny off 7</p> <p>10 am: Resident Council, 2T 1:30 pm: Seated Yoga w/ Sandy, 2T 2:30 to 3:30 pm: Coloring & Snack, 3T Craft Room</p>	<p>Sunny & Abbey Off 1</p> <p>10:30 am: Po-Ke-No Game, 2T 2:30 pm: Creative Stitchery, 3T Sitting Room</p>	<p>Abbey On 2</p> <p>10 am: Bingo w/ Abbey, 2T 2 pm: Movie Matinee, <i>Uncle Buck</i>, 2T</p>	
<p>Sunny On 10</p> <p>Assisted Living Week!</p> <p>1:30 pm: Congregational Church Service, 2T 4:25 pm: Patriots vs. Philadelphia, CBS Channel 9</p> <p style="text-align: center;">Grandparent's Day</p>	<p>11</p> <p>9 am: Veteran's Coffee Social w/ American Legion War Memorial Post 30, 3T Dining Room 10 am: Bingo w/ Lynne, 2T 2:15 pm Departure: Mini Golf & Ice Cream</p>	<p>Sunny Off 12</p> <p>9:30 am: Lynne Shops for Residents in Camden 10 am: Reading Group w/ Dunbar, 2T Living Room 2 pm: History of a Norman Rockwell Painting w/ Jennifer Healy, 2T</p>	<p>13</p> <p>9:30 am: Manicures & Pedicures, 3T 10 am: Catholic Church Service, 2T 2 pm: Live Music w/ Electric Violinist Freddie Prez, Media Room</p>	<p>14</p> <p>9:30 to 11:30 am: Lady's Spa w/ Sunny & Abbey, 3T Sitting Room 1:30 pm: Seated Yoga w/ Sandy, 2T 2:30 to 3:30 pm: Thumb Ball Game - Get to Know Your Neighbor, 2T</p>	<p>15</p> <p>10 am: Live Music w/ Chris Heard, 2T 2 to 3 pm: Ice Cream Social, Anderson Inn Main Entrance Portico</p> <p style="text-align: center;">Rosh Hashanah Begins</p>	<p>Cathy On 16</p> <p>10 am: Documentary, <i>Inside the Amish & Mennonite Community</i>, 2T</p> <p style="text-align: center;">Oktoberfest Begins</p>	
<p>Kaylee on 17</p> <p>10:30 am: Stretch Exercise, 2T 1:30 pm: Baptist Church Service, 2T 8:20 pm: Patriots vs. Miami, NBC Channel 6</p>	<p>18</p> <p>10 am: Bingo w/ Lynne, 2T 2 pm: Walker Wash w/ Lynne & Abbey - Come Get Your Walker Cleaned! (meet outside) 3:30 pm: Creative Stitchery, 3T Sitting Room</p>	<p>19</p> <p>9:30 am: Lynne Shops for Residents in Camden 10 am: Reading Group w/ Dunbar, 2T Living Room 1:30 pm Departure: Pontoon Boat Ride w/ Doug, Megunticook Lake, Sign Up</p>	<p>20</p> <p>10 am: Trivia w/ Abbey, 2T 2:30 pm: Just Beat It Exercise Group, 2T</p>	<p>21</p> <p>11:30 am Departure: Lunch at Thomaston Café, Meet Outside, Sign Up 1:30 pm: Seated Yoga w/ Sandy, 2T 3 pm: Autumn Kickoff Rolling Cart of Apple Cider and Donuts</p>	<p>22</p> <p>9:30 am Departure: Scenic Van Ride & Apple Picking at Hardy Farms, Hope, Sign Up 2 pm: Brain Games & Flip It Card Game w/ Refreshments, 2T</p>	<p>Lynne On 23</p> <p>10 am Departure: Belfast Indoor Farmers Market, Sign Up 2 pm: Po-Ke-No Game, 2T</p> <p style="text-align: center;">Autumn Begins</p>	
<p>Lynne On 24</p> <p>1 pm: Patriots vs. NY Jets, CBS Channel 9 2:30 pm: Sunday Soup Social w/ Lynne, 3T</p> <p style="text-align: center;">Yom Kippur</p>	<p>25</p> <p>10 am: Bingo w/ Lynne, 2T 1:30 pm Departure: Scenic Van Ride to Marshall Point, Sign Up 3:30 pm: Creative Stitchery, 3T Sitting Room</p>	<p>26</p> <p>9:30 am: Lynne Shops for Residents in Camden 9:30 am: Baking, 3T 10 am: Reading Group w/ Dunbar, 2T Living Room 2 pm: Live Music w/ Arlene Gamble, 2T</p>	<p>27</p> <p>10 am: Catholic Church Service, 2T 1:30 pm: Tour of Sussman House w/ Heidi McCaffery, Sign Up (limited seating)</p>	<p>28</p> <p>10 am: Bingo w/ Abbey, 2T 1:30 pm: Seated Yoga w/ Sandy, 2T 2:30 to 3:30 pm: Craft w/ Kaylee, 3T Craft Room</p>	<p>29</p> <p>11 am Departure: Box Lunch, Breezemere Gazebo, Lincolnville, Sign Up</p> <p style="text-align: center;">Sukkot Begins</p>	<p>30</p>	

Activities Details Subject to Change