

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Terraces		1 10 am: Card Game: Uno (2T) 11 am: Awareness Series, "Tick Talk" (IL Media/Living Room), Sign Up 1:15 pm Departure: Pontoon Boat Ride (Megunticook Lake), Sign Up (Rain Date 9/2)	2 10 am: Walker/Wheelchair Wash (Anderson Inn Front Lawn) 11 am: Sharing & Caring Open Discussion Group (2T Living Room) 1:15 pm Departure: Pontoon Boat Ride, (Megunticook Lake), Sign Up (Rain Date)	3 10 am: Resident Council (2T) 10:30 am: Men's Group (IL Game Room) 2:30 pm: Creative Stitchery (3T) 2:30 pm: Seated Yoga (2T) 3 pm: Discussion, "Bill Jones on Publishing a Memoir" (IL Media/Living Room)	4 10 am: Seated Volleyball (Front Lawn) 10 am: Words of Wisdom Photo Shoot (2T Living Room) 2 pm: Resident Choir Members Sing-Along w/ George (2T)	
6	7 1:30 pm: Open Air Painting (Gardens Garden) Labor Day	8 9:30 am: Activities Shops for Residents 9:30 am: Bingo (2T) 2 pm: Piano by George (2T)	9 10 am: Our Lady of Good Hope Catholic Church Service (2T) 2 pm: Card Game: Uno (2T)	10 10 am: Dietary Meeting (2T) 10:30 am: Men's Group (IL Game Room) 2:30 pm: Creative Stitchery (3T) 2:30 pm: Seated Yoga (2T) 4 to 5:30 pm: Terraces Open House (2T Living Room)	11 9:30 am: Manicures/ Pedicures (3T), Sign Up 2:45 am Departure: Bixby Chocolate Tour (Rockland), Sign Up Rosh Hashanah Begins	12
13 Grandparents Day	14 9:30 am: Activities Shops for Residents 10 am: Bingo (2T) 12 noon: Parkinson's Support Group (IL Media/Living Room) 2 pm: Lecture, "Sister Corita Kent: The Pop-Art Nun" (2T)	15 2 pm: Old Time Summer Carnival (Anderson Inn Front Lawn) (Rain Date 9/16)	16 11 am: Sharing & Caring Open Discussion Group (2T Living Room) 1:30 pm Departure: Dairy Queen (Rockland), Sign Up* 2 pm: Old Time Summer Carnival (Anderson Inn Front Lawn) (Rain Date) <i>*If held today, the Carnival will replace this activity</i>	17 10 am: Craft: Tie Dye Tote Bags (Anderson Inn Front Lawn) 10:30 am: Men's Group (IL Game Room) 1 pm: Quarterly Residents' Meeting w/ Loriman & Ellen (2T) 2:30 pm: Seated Yoga (2T) 3:30 pm: Caregiver Support Group (IL Game Room)	18 10 am: Trivia: 50's thru 80's Multiple Choice (2T) 2 pm: Music w/ Elvis (Anderson Inn Front Lawn; Rain Location IL Media/Living Room)	19
20 Yom Kippur Begins	21 9:30 am: Activities Shops for Residents 10 am: Bingo (2T) 1:30 pm: Open Air Painting (Gardens Garden) 2 pm: Low Vision Group (IL Private Dining Room) 2:30 pm: Creative Stitchery (3T)	22 10 am: Card Game: Uno (2T) 2 pm: Music w/ Midcoast Ukes (Anderson Inn Front Lawn) (Rain Date 9/29) Autumn Begins	23 9:30 am: Manicures/ Pedicures (3T), Sign Up 10 am: Our Lady of Good Hope Catholic Church Service (2T) 1 pm: Enrichment Series, "Savor the Season: Tomato Tasting & Pairing" (IL Media/Living Room), Sign Up	24 10 am: Music w/ Chris Heard (2T) 10:30 am: Men's Group (IL Game Room) 2:30 pm: Creative Coloring (2T)	25 9:30 am: Manicures/ Pedicures (3T), Sign Up 1:30 pm Departure: Fall Foliage Scenic Ride & Apple Picking (Hardy Farms Orchards, Hope) Sign Up Sukkot Begins	26
27 1:30 pm: Chestnut Street Baptist Church Service (2T)	28 9:30 am: Activities Shops for Residents 10 am: Bingo (2T) 2:30 pm: Creative Stitchery (3T)	29 10 am: Scrapbooking: Name Tags (Gardens Dining Room) 2 pm: Music w/ Midcoast Ukes (Anderson Inn Front Lawn) (Rain Date)	30 10 am: Craft: Fall Door Wreaths (2T) 11 am: Sharing & Caring Open Discussion Group (2T Living Room) 2 pm: Music w/ Arlene Gambel (2T)	<div> <div> <div>September</div> <div>2026</div> </div> <div>  </div> </div> <div data-kind="ghost"></div> <div data-kind="ghost"></div>		

Activities Details Subject to Change