

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	October 2026 Terraces			1 10 am: Resident Council (2T) 10:30 am: Men's Group (IL Game Room) 2:30 pm: Seated Yoga (2T)	2 9:30 am: Manicures/ Pedicures (3T), Sign Up 2 pm: Resident Choir Practice (2T)	3 7 pm: Movie Night (IL Media/Living Room) Simchat Torah Begins	
	4 9:30 am: Activities Shops for Residents 10 am: Bingo (2T) 2:30 pm: Creative Stitchery (3T) 4 pm: Bereavement Support Group (IL Game Room)	5 9:30 am: Activities Shops for Residents 10 am: Bingo (2T) 2:30 pm: Creative Stitchery (3T) 4 pm: Bereavement Support Group (IL Game Room)	6 10 am: Creative Coloring (2T) 1:30 pm Departure: Fall Foliage Viewing at Mt. Battie (Camden), Sign Up 3 pm: Awareness Series, "A Report from the West Bank" (IL Media/Living Room), Sign Up	7 9:30 am: Manicures/ Pedicures (3T), Sign Up 10 am: Our Lady of Good Hope Catholic Church Service (2T) 2 pm: Card Game: Uno (2T)	8 10 am: Music w/ Heather Hardy (2T) 10:30 am: Men's Group (IL Game Room) 2 pm: Craft: Ghost Garland	9 9 to 11:30 am: Absentee Voting (2T) 2 pm: Resident Choir Practice (2T)	10 7 pm: Movie Night (IL Media/Living Room)
	11 9:30 am: Activities Shops for Residents 10 am: Bingo (2T) 12 noon: Parkinson's Support Group (IL Media/Living Room) 1 pm: Lecture, "Popular Songs and Their Immigrant Roots" (2T) 2:30 pm: Creative Stitchery (3T) Indigenous People's Day	12 9:30 am: Activities Shops for Residents 10 am: Bingo (2T) 12 noon: Parkinson's Support Group (IL Media/Living Room) 1 pm: Lecture, "Popular Songs and Their Immigrant Roots" (2T) 2:30 pm: Creative Stitchery (3T) Indigenous People's Day	13 10 am: Craft: Pumpkin Painting (2T) 12:30 pm Departure: Artistic Pumpkin Viewing (Damariscotta), Sign Up 2:30 pm: Creative Coloring (2T)	14 9:30 am: Manicures/ Pedicures (3T), Sign Up 10 am: TV Episode: American Bandstand (YouTube) (2T) 11 am: Sharing & Caring Open Discussion Group (2T Living Room) American Bandstand Day	15 10 am: TV Episode and Trivia: I Love Lucy (2T) 10:30 am: Men's Group (IL Game Room) 2:30 pm: Seated Yoga (2T) 3:30 pm: Caregiver Support Group (IL Game Room)	16 10 am: Seated Volleyball (2T) 2 pm: Resident Choir Practice (2T) 3 pm: Chef's Tasting: Fall/ Winter Menu (IL Media/ Living Room)	17 7 pm: Movie Night (IL Media/Living Room)
	18 9:30 am: Activities Shops for Residents 10 am: Bingo (2T) 2 pm: Low Vision Group (IL Private Dining Room) 2:30 pm: Creative Stitchery (3T)	19 9:30 am: Activities Shops for Residents 10 am: Bingo (2T) 2 pm: Low Vision Group (IL Private Dining Room) 2:30 pm: Creative Stitchery (3T)	20 10 am: Scratch-Off Showdown (2T) 2 pm: Piano by George (2T)	21 9:30 am: Baking (3T Kitchen) 9:30 am: Manicures/ Pedicures (3T), Sign Up 10 am: Our Lady of Good Hope Catholic Church Service (2T) 2 pm: Travelogue Video Presentation, "Destination: Checking Out the Czech Republic" (2T)	22 10 am: Card Game: Uno (2T) 10:30 am: Men's Group (IL Game Room) 2:30 pm: Seated Yoga (2T)	23 9:30 am: Manicures/ Pedicures (3T), Sign Up 2 pm: Resident Choir Practice (2T)	24 7 pm: Movie Night (IL Media/Living Room)
	25 1:30 pm: Chestnut Street Baptist Church Service (2T)	26 9:30 am: Activities Shops for Residents 9:30 am: Veterans Coffee Social w/ American Legion War Memorial Post 30 (3T Dining Room) 10 am: Bingo (2T) 2:30 pm: Creative Stitchery (3T)	27 10 am to 12 Noon: Flu/Covid Vaccination Clinic (Garden's Dining Room) 10 am: Music w/ Arlene Gambel (2T) 2 pm: Halloween Ice Cream Social (IL Lobby)	28 11 am: Sharing & Caring Open Discussion Group (2T Living Room) 1 pm: Enrichment Series, "Bored of Your Board?" (IL Dining Room), Sign Up 2 pm: Card Game: Uno (2T)	29 9:30 am: Movie: 9 to 5 (2T) (DVD, Comedy, 1 hr., 50 min.) 10:30 am: Men's Group (IL Game Room) 2:30 pm: Seated Yoga (2T)	30 10:45 am: Halloween Costume Parade, Anderson Inn (Meet in Main Lobby) 2 pm: Resident Choir Practice (2T)	31 7 pm: Movie Night (IL Media/Living Room) Halloween

Activities Details Subject to Change