

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2 10 am: Baking: Vanilla Pudding Rainbow Cookies (3T) 10 am: Bingo (2T) 11 am: Activities Shops for Residents 4 pm: Bereavement Support Group (GR) Purim Begins	3 2 pm: Travelogue Video Presentation: <i>Destination: Dubai, United Arab Emirates</i> (2T) (Activity Connection, 38 min.) 6 pm: Alzheimer's Support Group (Zoom)	4 11 am: Sharing & Caring Open Discussion Group (2T LR) 12:45 pm Departure: Maine Drama Festival One-Act Play, "Worth Keeping", Medomak Valley High School, Waldoboro, Sign Up	5 10 am: Resident Council (2T) 10:30 am: Men's Group (GR) 2 pm: Seated Yoga (2T) 3 pm: Creative Stitchery (3T)	6 3 to 5 pm: Maple Grove Massage Sessions (IL Fitness Room), Sign Up	7	
8 Daylight Saving Time Begins	9 10 am Bingo (2T) 11 am: Activities Shops for Residents 12 noon: Parkinson's Support Group (IL Media/Living Room) 2 pm: Piano by George (2T)	10 9:30 am: Impossible Pie (3T) 1pm: Enrichment Series, "The Great Men of American Comedy" (IL Media/Living Room), Sign Up	11 9:30 am: Manicures and Pedicures (3T), Sign Up 10 am: Our Lady of Good Hope Catholic Church Service (2T) 2 pm: Introduction to Uno Card Game (2T Sunroom)	12 9:30 am: Baking: Million Dollar Cream Cheese Pound Cake (2T) 10:30 am: Men's Group (GR) 1 pm: CMCA Art Studio (Gardens Dining Room) 1:30 pm: Women's Social w/ Refreshments, Share & Chat Wear your Favorite Hat (2T) 3 pm: Creative Stitchery (3T) International Woman's Month	13 9:30 am: Manicures and Pedicures (3T), Sign Up 2 pm: Resident Choir Practice (2T)	14 11:30 to 3:30 pm: Pies on Parade, (IL Lobby)	
15	16 10 am Bingo (2T) 11 am: Activities Shops for Residents 8 am to 12 pm: Maple Grove Massage Sessions (IL Fitness Room), Sign Up 2 pm: Reading Group (2T Living Room)	17 10 am: Craft: Macrame Irish Gnome (2T) 1:30 pm: Live Music w/ Multi-Instrumentalists Ethan Tischler (IL Media/Living Room) 3 pm: Alzheimer's Support Group (PDR) St. Patrick's Day	18 11 am: Sharing & Caring Open Discussion Group (2T LR) 2 pm: Uno Card Game (2T Sunroom)	19 10 am: Music w/ Class of 69 One Man Band (2T) 10:30 am: Men's Group (GR) 2 pm: Seated Yoga (2T) 3 pm: Creative Stitchery (3T) 3:30 pm: Caregiver Support Group (GR)	20 9:30 am Departure: Dollar Store/Goodwill, Sign Up 2 pm: Resident Choir Practice (2T) 3 to 5 pm: Maple Grove Massage Sessions (IL Fitness Room), Sign Up Spring Begins	21 1:30 pm: Trivia (2T)	
22	23 10 am: Bingo (2T) 11 am: Activities Shops for Residents 8 am to 12 pm: Maple Grove Massage Sessions (IL Fitness Room), Sign Up 1:30 pm: Lecture: "Grace O'Malley Pirate Queen" (IL Media/Living Room)	24 10 am: Documentary: <i>The Elephant Who Found a Mom</i> (2T) (DVD, 56 min.) 2 pm: Milkshake Social (2T)	25 9:30 am: Manicures and Pedicures (3T), Sign Up 10 am: Our Lady of Good Hope Catholic Church Service (2T) 2 pm: Uno Card Game (2T Sunroom)	26 10 am: Live Music w/ Chris Heard (2T) 10:30 am: Men's Group (GR) 2 pm: Seated Yoga (2T) 3 pm: Enrichment Series, "Sourdough Magic" (IL Media/ Living Room), Sign Up	27 9:30 am: Manicures and Pedicures (3T), Sign Up 2 pm: Resident Choir Practice (2T)	28	
29 Palm Sunday	30 10 am Bingo (2T) 11 am: Activities Shops for Residents 1 pm: Preferred Therapy Learning Lab, Fall Prevention and Management (IL Media/Living Room) 2 pm: Name that Tune (2T)	31 10 am: Craft: Good Ole Days Collage (2T) 2 pm: Dietary Meeting (2T)	 <h1 style="font-size: 4em; margin: 0;">March 2026</h1> <h2 style="font-size: 2em; margin: 0;">Terraces</h2>				

Activities Details Subject to Change