Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
200	Aug	gust 2	2025	000	10 am: Bring Back the Oldies at Bryant Park 2 pm: Live Cello Music w/ Robin Lane (IL Media/Living Room)	2
3	10 am: Bingo (2T) 3 pm: Creative Stitchery (3T) 4 pm: Bereavement Support Group (GR)	8 am: Activities Shops for Residents 10 am: Pet Therapy Visits w/ Angus 1:30 pm Departure: Pontoon Boat Ride (Megunticook Lake) (Weather Permitting), Sign Up	1 pm: Enrichment Series, "Mushroom Mania" (IL Media/Living Room), Sign Up 1:30 pm Departure: Damariscotta Lake State Park (Jefferson) (Weather Permitting), Sign Up	7 10 am: Resident Council Meeting (2T) 10:30 am: Men's Group (IL Game Room) 2 pm: Seated Yoga (2T)	10 am: Live Guitar Music w/ Jim Gibson (2T) 1 pm: Movie: Going My Way (2T) (DVD, Musical Comedy, 2hr., 6 min.) 3:15 pm: Creative Coloring (2T Sunroom)	10:30 am: Resident Newsletter Reading and Open Discussion (2T Living Room)
10		8 am: Activities Shops for Residents 10 am: Pet Therapy Visits w/ Angus 10:30 am: Sharing & Caring Open Discussion Group (2T Living Room)	9:30 am: Manicures (3T) 10 am: Our Lady of Good Hope Catholic Church Service (2T) 2:30 pm: Nature Walk to Bryant Park Gazebo (Weather Permitting)	14 10:30 am: Men's Group (IL Game Room) 11:30 am: Lobster Bake (Carport) (Rain Date 8/15)	2 pm Departure: Dairy Queen (Rockland), Sign Up* *If held today, the Lobster Bake will replace this activity.	16
17	10 am: Bingo (2T) 2 pm: Live Piano Music w/ Isaiah Fergerson (IL Media/Living Room)	8 am: Activities Shops for Residents 10 am: Pet Therapy Visits w/ Angus 2 pm: Creative Coloring (2T Sunroom)	20 10 pm: Card Game: Flip It (2T) 1 pm: Enrichment Series, "The FIRST First Lady" (IL Media/Living Room), Sign Up 3 pm: Creative Stitchery (3T) Wear White Day	10:30 am: Men's Group (IL Game Room) 1 pm: CMCA Art Studio (Gardens Dining Room) 2 pm: Seated Yoga (2T) 3:30 pm: Caregiver Support Group (IL Game Room)	10 am: Movie: I Am Gabriel (2T) (Roku, Drama, 1hr., 33 min.) 2 pm: Live Music w/ The Rt. 17 Ramblers (2T)	23
1:30 pm: Chestnut Street Baptist Church Service (2T)	9:30 am: Veterans Coffee Social w/ American Legion War Memorial Post 30 (3T) 10 am: Bingo (2T) 3 pm: Creative Stitchery (3T)	8 am: Activities Shops for Residents 10 am: Pet Therapy Visits w/ Angus 10:30 am: Sharing & Caring Open Discussion Group (2T Living Room)	9:30 am: Manicures (3T) 10 am: Our Lady of Good Hope Catholic Church Service (2T) 2 pm Departure: Scenic Ride (Beech Hill Preserve, Rockport) (Weather Permitting), Sign Up (Rain Date 8/28, 10 am)	28 10 am: I Spy/Trivia 10:30 am: Men's Group (IL Game Room) 2 pm: Seated Yoga (2T)	10 am: Movie: Casablanca (2T) (DVD, Romance/War, 1hr., 42 min.) 3:15 pm: Creative Coloring, (2T Sunroom)	30
31						

Terraces

